

| | | | | | Qualifiers | Reserves |
|-------|------------------|------------------|--------------------|--------------------|------------|----------|
| East1 | Linda Sime | Mike Hammett | Patrick Tyler | Philippa Tyler | Q | |
| East1 | Denis Howell | Sara Duncan | Christine Anderson | Jim Williams | Q | |
| East1 | Rhona Goff | Liz Young | Joyce Clemie | Carolyn Girvan | Q | |
| East1 | Norman Stewart | Mary Stewart | Terry Lamb | Joanne Lamb | Q | |
| East1 | David Land | Esther Green | Rosa Bisset | Pam Warner | | R |
| East1 | Derek McLachlan | Gordon Milne | Robin Bauld | Denis Higginbotham | | |
| East1 | Ian Campbell | Sue Campbell | Ian Thomson | David Nisbet | | |
| East1 | Helen Noble | Stewart Green | Judith Smeaton | Sandra Watson | | |
| East1 | Janet Unsworth | Clare Douglas | Fiona Davies | Norma Kerr | | |
| East1 | Katharine Bailey | Sarah Gunn | Robert Waugh | Marina Evans | | |
| | | | | | | |
| East2 | Tadeusz Janowski | Krzysztof Nguyen | Athena Chow | Margorzata Rozman | Q | |
| East2 | Nicola Dean | Fiona Mcelhinney | Nan Mckay | Sue Smith | Q | |
| East2 | Mandy Aberdour | Kairen Bergius | Ian Foster | Robin Macpherson | Q | |
| East2 | Sandy Lyon | Michael Gray | Margaret Byron | Ann Lyon | | R |
| East2 | Alison Littleboy | Graham Dempsey | Alex Sutherland | Norrie O'Neill | | R |
| East2 | John Pottinger | Andrew Macleod | John Sneddon | Alec Brown | | |
| East2 | Roger Rist | Margaret Tait | Eoin Rutter | Kenneth Latham | | |
| East2 | Marilyn McDonagh | Eldrydd Robinson | John R S Wilson | Helen MacKinnon | | |
| East2 | Edward Clutton | Bob Alexander | Allan Ainslie | Jim Russell | | |